

Rimbey Gymnastics Club
Accident Prevention Policy

Updated/Approved April 23, 2026

The Rimbey Gymnastics Club checks our equipment on an ongoing basis to ensure it is in good condition. Inside our gym and at any meet/competition our gymnasts attend. The coaches follow a program of safe use of the equipment, and athletes are taught how to use all equipment properly.

Any athlete who does not follow the instructions and/or basic safety rules provided by a coach, and who does not use the equipment in a safe manner can hurt themselves or someone else. An infraction of basic safety rules may lead to a time out or removal of an athlete from class to reflect on safety rules.